

The Lego Christian
The Brick of Focus

Read Colossians 3:1-2

What does focus mean in relation to our spiritual walk with Christ? We will look at the two phrases, set your heart and set your mind to find the answer. Here is how we will define these two statements.

Set your heart: As you once loved the things of this world now love spiritual things with the same enthusiasm. Example, I love my hobbies but do I love the things of God even more?

Set your minds: Our thoughts and thinking patterns are now focused on spiritual matters. If we set our minds on things above then our thoughts are constantly asking several questions. What would Jesus do? What would Jesus say? What would Jesus think? We seek spiritual solutions based on the teachings of Jesus rather than looking for human solutions,.

1. What do these verses say about our focus?

Romans 8:6-8 _____

Romans 12:2 _____

Galatians 6:14 _____

Philippians 4:8-9 _____

I John 2:15-17 _____

2. We are told in Colossians 3:5 there are certain things we need to put to death that will hinder our focus. Read Colossians 3:5 and list what are the five things from our earthly nature we are to put to death.

1... _____

2... _____

3... _____

4... _____

5... _____

“Put to death”, this is used metaphorically to mean do not feed these desires, do not gratify them so they grow more powerful in our lives. In other words feed the spirit rather than the flesh. How do we feed the Spirit? _____

In Colossians 3:8-9 we are told to get rid of certain things we used to follow. "Get rid of" literally means to take off as you would dirty clothes and throw them away. Read Colossians 3:8-9 and list the 6 things we are to get rid of.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

3...What do we need to add in place of what we get rid of?

Whenever God's word tells us there is something to get rid of it always needs to be replaced with something that will help in our growth. Colossians 3:9-10 we have taken off the old self and replaced it with the new self. Read Colossians 3:12-15 and list the 10 things we are to put on that will help in our focus?

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____

1...Which one from this list surprises you that Paul included it?

2...Which ones are the most evident in your life?

3...Which ones are lacking in your life?

4...Why are these important for a believer?

5...For each one of these things we are to clothe ourselves with think of ways you can live these out so they can be seen in your life?

The evidence that someone is focused, that their heart and mind are set on things above, is found in Colossians 3:17.

